



CROSS-COUNTRY SKIING PARADISE FOR ROOKIES AND OLYMPIC CHAMPS

More and more cross-country skiers are coming to Davos Klosters because of the altitude and the certainty of snow from October to April. The main cross-country skiing nations have long discovered the runs around Davos. The high plateau and side valleys offer extensive and varied terrain for top athletes and amateurs. Use of all cross-country ski runs is free.

From his living room, World, Olympic and World Cup champion Dario Cologna can look directly out on to Switzerland's most famous run. The demanding Flüela piste was created in the 1970s. At first the Swiss elite were the only ones training here; then came the Swedish and German teams, followed by the Russians and Norwegians. The world's best cross-country skiers have competed for victory on the Flüela run on the second weekend in December since 1980. The Davos Nordic has become a firm fixture in the FIS racing calendar and Davos Klosters is famous as a cross-country skiing paradise.

Cross-country skiing is booming

Glide quietly through the winter landscape, marvel at the views of the snow-covered mountains, at whatever speed you choose. More and more winter-sport fans discover cross-country skiing because it offers a truly natural experience as well as a choice of how much effort to put into it. The prerequisite is relatively flat terrain with only gentle uphill sections. Davos and the Sertig and Dischma valleys offer this exact natural topography to beginners and amateur sportsmen and women. «The Garfiun run in Klosters is indescribably beautiful,» enthuses local top skier Seraina Bonery. «I prefer to ski in the early morning after the runs have been freshly prepared. And when the first rays of the sun turn the valley into a winter wonderland, I'm overwhelmed by the natural spectacle all over again!» Tough climbs are only found on the famous World Cup run into the Flüela valley. The steepest section is called the «Cologna Stutz», in honour of the Olympic Champion, who has chosen Davos as his home.

Early season start thanks to snow farming

The cross-country ski circuit in the Flüelatal valley opens as early as the end of October, prepared with snow stored through the summer months under a layer of sawdust and wood chippings. The snow farming method, developed by the Institute for Snow and Avalanche Research (SLF), enables this early start to the season. Overall, the runs in Davos are open for an average of 130 days throughout the winter. Davos Klosters has no obligatory sticker and so use of all cross-country ski runs is free.

Cross-country skiing in the evening on the night trail is especially charming. In Davos, the 2.5 km long cross-country ski run is illuminated every evening from until 9.30 pm, in Klosters the 3 km cross-country ski run is also open until 9.30 pm, on Tuesdays and Thursdays.

Attractive cross-country skiing centre

In November 2016, the new cross-country skiing centre was opened on the Matta (near the golf course). The timber construction provides excellent infrastructure for cross-country skiers. On the ground floor there are public spaces such

as a lounge with kitchen/refrigerator, wardrobes, a laundry room and toilet facilities. The public restaurant features a large south-facing terrace, where cross-country skiers can enjoy the sun and views of the cross-country tracks.

New Davos Nordic Park

The new Davos Nordic Park, a cross-country skiing course for playful technical training with a high fun factor, will be opened for the first time in the winter season 2017/18 adjacent to the cross-country skiing centre. The course with approx. 12 different stations is free of charge and made ready for guests and locals from mid-December 2017 to mid-March 2018. The course mascot – a snow grouse – shows different exercises like running 8's, running over a seesaw, jumping over hills, skating or running on a mogul slope. This way, young and old are introduced to cross-country skiing in a playful way. The facility also offers a varied opportunity for young local skiers to improve their technique. The course is realized by Davos Nordic – the organizing committee of the FIS Cross-Country Skiing World Cup Davos.

Further information on davos.ch/winter/aktivitaeten/langlauf

Directory cross-country runs

	<i>Davos</i>	<i>Klosters</i>	<i>Wiesen</i>	<i>Total</i>
Classic runs	78 km	23 km	2 km	103 km
Skating runs	48 km	23 km	2 km	73 km
Runs with dogs	15 km	–	–	15 km
Night-time runs	2,5 km	3 km	–	5,5 km

More information with directory of runs, cross-country schools and reports:
davos.ch/winter/aktivitaeten/langlauf

Destination Davos Klosters

Davos Klosters is one of the most famous holiday resorts in the world and boasts the most comprehensive holiday, sports and meeting facilities in the mountains. Although the contrast between urban Davos and idyllic Klosters could not be greater, both villages, which lie only ten minutes drive from each other, have one thing in common: their fascinating and breathtaking mountain backdrop.

www.davos.ch | www.klosters.ch

Further information

Basic articles, facts and figures as well as background information can be obtained in our [Media Corner](#). News can be found on our [news page](#) or on our social media channels – [Facebook](#), [Instagram](#), [Twitter](#) or [YouTube](#).

Photos

You can download print-quality images for editorial use directly from our website:
[Image database Davos Klosters](#).

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